# AMERICAS REGIONAL FIRST AID MEETING 5, 6 and 7 July 2022



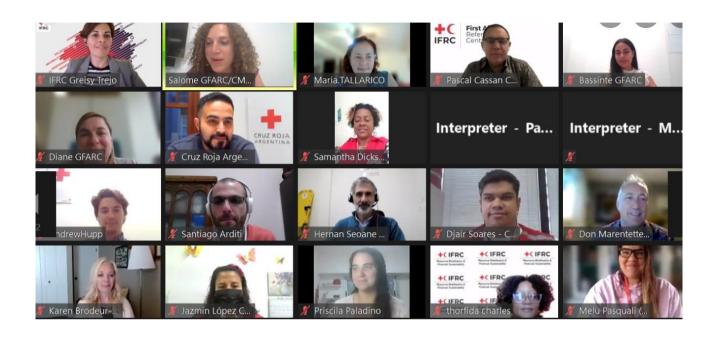
Website page of the event : <a href="https://www.globalfirstaidcentre.org/americas-regional-first-aid-meeting/">https://www.globalfirstaidcentre.org/americas-regional-first-aid-meeting/</a>

GFARC website: https://www.globalfirstaidcentre.org/

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# Thank you very much for your participation. More than 50 participants from 26 National Societies of the region attended the meeting!







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### Introduction

### 1. Context

Millions of people are hurt or killed by injuries every year due to inadequate response or lack of timely assistance. First aid is by no means a replacement for emergency services; it is a vital initial step in providing effective and swift action that helps to reduce the severity of injuries and improve the chances of survival.

Today, the Red Cross and Red Crescent Societies are the major first aid providers in the world. Around 36,000 facilitators and 770,000 volunteers are working worldwide to offer their services to their communities and provide first aid assistance. In 2020, more than 20 million people were trained in first aid by the Red Cross Red Crescent National Societies.

The humanitarian commitment of the Movement is to make first aid accessible to all. The Movement conceives first aid as a technique for saving lives and as a humanity action based on the will of saving lives while respecting diversity under the principle of non-discrimination.

In the Americas, our National Societies prioritize first aid assistance as one of the fundamental pillars for building safer and more resilient communities. Based on regional and global capacities and resources, our National Societies should embrace their position as major first aid training providers, offering sustainable and relevant services and training to volunteers, communities and external staff in lifesaving techniques and safe environments.

The Global First Aid Reference Centre is a 'centre of excellence' of the International Federation of Red Cross and Red Crescent Societies (IFRC) hosted by the French Red Cross. Created in 2012, and collaborating with the IFRC Americas Regional Office, we ensure that National Societies are part of strong First Aid programming. In addition, we facilitate knowledge sharing between them and promote quality first aid education at the regional and global levels.

In 2021, an initiative called "repositioning first aid at the centre of the IFRC strategy" was launched. 2021 also saw the launch of the first aid harmonization package, consisting of the IFAA, the GFARC online platform and the new international first aid, resuscitation and education guidelines. 2022 is also a year full of turning points. Indeed, the IFRC General Assembly 2022 held from 19 to 21 June 2022 marked the adoption of the new First Aid Policy and Vision. These texts were very well received by the 192 National Societies of the Movement which voted them unanimously. Thus, this moment marks the will of the IFRC to give a new ambitious framework for the development of first aid worldwide for the next 10 years.

Finally, due to the Covid-19 pandemic, our National Societies have had to adapt their first aid courses. This makes it an opportune time to address the topic of commercial first aid.



# 2. Objectives of the Americas First Aid Regional Meeting 2022

The Americas First Aid Regional Meeting aimed at:

- Sharing good practices, tools, and innovations in developing first aid knowledge, education, and services.
- Discussing pressing first aid topics and recommending mechanisms and initiatives which ensure the excellent quality of first aid programs.
- Exploring and agreeing on knowledge-sharing mechanisms among first aid managers in the region and globally.
- Considering GFARC's/IFRC regional office's main priorities for 2022 and beyond and present the resources that GFARC makes available to the National Societies.

### 3. Practical information

The Americas First Aid Regional meeting was held online and divided into three sessions of 3 hours each **on 5, 6, and 7 July 2022**, starting at 3.00 PM Geneva time.

The meeting brought together more than **50 participants** from approximately **26 National Societies** of the Americas region.

Alongside the IFRC Global First Aid Reference Centre, were also attending:

- First Aid programme managers and coordinators from National Societies of the Americas.
- Partner National Societies
- IFRC Geneva
- IFRC Americas Regional Office
- IFRC field delegations
- ICRC

**English** and **Spanish** were the official languages at this meeting. Simultaneous translators were present throughout the meeting to ensure proper understanding of the presentations.

# 4. The agenda

DATE	SESSION TYPE	AGENDA



Sth July Plenary  3.00 PM 6.00 PM Geneva time		Opening of the meeting  Know more about the GFARC  First Aid training in the "new normal":  Principles of a safe first aid training		
		<ul> <li>Blended learning: concepts and tools</li> <li>Case study by the Mexican Red Cross</li> <li>Short e-learning module by the French Red Cross</li> <li>Community first aid in the pandemic context by the Argentinian Red Cross</li> </ul>		
3.00 PM 6.00 PM Geneva time	Plenary/working groups	<ul> <li>Commercial first aid:</li> <li>Accidentology and marketing</li> <li>Case study by the Grenada Red Cross</li> <li>Working groups session</li> <li>Repositioning first aid the centre of IFRC Strategy:</li> <li>IFRC first aid Vision and Policy</li> <li>Working groups session</li> </ul>		
7th July  3.00 PM 6.00 PM Geneva time	Plenary/working groups	The first aid "harmonization pack":  Presentation of the new guidelines Platform interactive presentation IFAA presentation Working groups session  World First Aid Day 2022 and World Restart a Heart Day 2022  Protection in the Movement by the ICRC  Plan and next steps		



# Session 1 - 5th of July 2022

# 1. Opening of the meeting

The meeting started with a speech from Dr. Maria Tallarico - Health Regional Coordinator and Head of the Health Unit at Panama IFRC Regional Office and Dr. Pascal Cassan - Director of the IFRC Global First Aid Reference Centre.

Dr. Pascal Cassan reminded that it is the first time that both Spanish and English speaking National Societies reunite together for a first aid meeting. With the release of the new IFRC first aid guidelines, the International First Aid Attestation (IFAA) and the development of GFARC's platform, it is a convenient time to meet. In the same way, as the new first aid Vision and Policy were adopted at the General Assembly by the 192 NS of the Movement, it is a time when numerous challenges and stakes materialize. The development of Commercial Firs Aid is a priority for the NS, blended learning is also a pressing issue. Dr. Pascal Cassan thanks all the participants and is thrilled that a lot of experiences and stories will be shared.

Dr. Maria Tallarico has noted the presence of more than 26 National Societies, one coming from every corner of the region which highlights the level of commitment to first aid. As the world faces many crisis, having an ongoing first aid program is important. The Covid crisis has shown the capacity of the NS to reinvent themselves. Faced with these challenges, there is a need to be realistic and resilient to find sustainable models despite the financial issues.

### 2. Know more about the GFARC

### a. The presentation

Diane Issard presented the role of the GFARC and its main missions at the service of National Societies. She provided an update on GFARC's priorities for 2022 being the International First Aid Attestation (IFAA), the IFRC international first aid, resuscitation and education guidelines, the online platform and the preparation of the IFRC General Assembly 2022.

### b. Questions

**Can the guidelines be found online?** Yes, on <u>GFARC's platform</u> in 5 languages. Feel free to register to GFARC's newsletter for upcoming versions.

- 3. First Aid training in the "new normal."
- Jamboard by Salomé Boucif: "How have you been adapting your first aid training during the pandemic?"





Overall, the answers that came up the most were: the organization of virtual classes (most of NS went 100% online), the use of blended learning, and the reduction of participants per class. Besides, some NS started with online classes and have now reintroduced physical classes with a sanitary protocol.

# • Principles of a safe first aid training - Dr. Pascal Cassan

### a. The presentation

Dr. Pascal Cassan explained general recommendations for first aid training in pandemic times and reminded us that the most important is to be in accordance with the national recommendations of your home country and get close to the Ministry of Health. Dr. Cassan highlited that the presentation «is food for thought for the future, as the world may face other virus exposition .

# b. Questions ``

Many questions were answered by Dr. Pascal on the best ways to adapt first aid training in order to ensure volunteers' and participants safety:

- **Is the use of masks compulsory?** It is important to be in accordance with national recommendations, especially those of the Health Ministry. It is highly recommended to wear masks in pandemic situations as we are responsible for the security of our volunteers (especially with CPR and close contacts).
- How to give recommendations when people feel reluctant to follow them? We are
  in contact with the communities and authorities and need to protect our participants
  and volunteers. Our trainers and volunteers are able to convince their volunteers and
  participants.
- As CPR compressions vary in Covid time, should NS continue to follow international guidelines? The guidelines edict that the goal standard of CPR is a rate of 30 compressions/2 ventilations. When the participant is not able to do so or doesn't



want to do so to strangers, it is possible to do hands only. Both techniques are right as they increase the chance of survival. In your environment, both techniques can be taught.

# • Blended-learning: presentation of concepts and tools - Salomé Boucif

### a. Presentation

Salomé Boucif presented blended learning through concepts and tools, with a focus on blended learning teaching methodology as well as presenting the available resources created by the GFARC to implement blended learning programs (<u>digital first aid tools</u> on GFARC's online platform, first aid online courses on IFRC website)

### b. Questions

- Within the NS such as the Colombian RC that already has a virtual training campus development, how is it articulated with the GFARC? GFARC can support and have bilateral collaboration if needed.
- Is access to these IFRC online courses free of charge? Yes.
- Are there any funds that NS can apply for resources to invest in digital educational developments in first aid? The National Society Development Fund can be explored for such purposes.
- *Is there any support for the payment online?* GFARC doesn't provide for online payment, it is up to NS to set up payment.
- Case study by the Mexican Red Cross Mexican Red Cross Monica Lopez Esquivel

# a. Presentation

Monica Lopez made a presentation on how the Mexican Red Cross managed to organize blended learning training. The presentation covered the following topics: the online course, the evaluation phase, the certification phase, the use of Camillo platform, and the pros and cons of the use of Camillo and Zoom. Finally, Monica Lopez explained how the lessons learned from this experience strengthened the Mexican Red Cross.

# b. Questions

 Does the student see the course as you shared it? There are two versions, one for the student and one for the administrator.



- **Can we access these platforms from any national headquarters?** Yes. Monica Lopez will check with the national team coordinator.
- Is the learning on this platform synchronous only, or can the recorded sessions be attached in Zoom to be viewed by the participants at any time? The Mexican Red Cross has only used it in a synchronic way, but it can be done in a recorded version.
- **Do you sell this program to the community?** Not yet. The Mexican Red Cross is delivering these programs for free and focusing on targeting communities.
- Short e-learning module by the French Red Cross Léa Linise

# a. Presentation

Léa Linise introduced online learning material and e-learning activities mostly aimed at middle school students (9-14 years old) to teach them the importance of safety and first aid awareness. The <u>tool</u> is available in French, Spanish, English, and German.

# b. Questions

- Do you have any image database that can be used by NS to implement the tool?
   Léa will ask her team, but for now, they don't have any image database. The team has an internal graphist who draws on a tablet.
   However, GFARC has a <u>library of images</u> that are free of charge and that can be used by any NS to illustrate training sessions.
- Community first aid in pandemic context by the Argentinian Red Cross Santiago Arditi and Hernan Seoane

The Argentinian Red Cross presented community first aid, with a focus on local adaptations made by the NS in the pandemic context, regarding both content and methodologies. Thus, the NS explained how they adapted first aid training internally.

The Argentinian Red Cross toolbox gathers useful resources for National Societies.

# Session 2 - 6th of July 2022

- 1. Commercial first aid
- Accidentology and marketing François Febvay and Bassinte Ossama
- c. The presentation



This topic was highly demanded by NS. Firstly, Bassinte Ossama started with the <u>GFARC's guide</u> <u>for commercial first aid</u> aimed at harmonizing first aid training worldwide and providing National Societies with technical and marketing advice. She also explained key figures and facts on accidentology through a presentation of the 6 main risks associated with work accidents.

Afterward, François Febvay, GFARC's marketing expert, explained the marketing component of the guide. He highlighted the most important aspects of commercial first aid planning, with a focus on three key aspects: the value proposition, the conduct of the marketing plan, and the profit and loss analysis.

# d. Questions

- How many hours of training should be devoted to each first-aid topic?: It depends on the accidentology of the companies. In some areas, such as industry, training needs to focus on specific wounds. Overall, Mr. Febvay reminded us that the basic first aid course is about 6 to 7 hours. In the IFAA, there is a minimal list of topics winch GFARC considers as the basis.
- Who should be involved in the process of developing CFA partnerships? : The first aid coordinator should be involved in the process which might also include the delegates from the company, the head of the NS, and the head of finances.
- **Do you have any video or first-aid training on this business model?**: In the future, the GFARC will introduce podcasts associated with the booklets and develop more tools. This will depend on the demand from the National Societies. The GFARC can give assistance when it comes to reviewing the National Societies tools.

# • Case study by the Grenada Red Cross - Samantha Dickson

### a. The presentation

Samantha Dickson, President of the Grenada Red Cross Society, shared the story of the Grenada Red Cross on the commercial first aid resilience strategies that were implemented in response to the Covid pandemic. The Grenada Red Cross has reacted to the context in collaboration with the governmental authorities which enabled the NS to promote first aid, they participated in many regional initiatives and income-generating working groups, organized a ToT, initiated a dynamic change within the NS and improved their planification skills. Many challenges remain for the future.

### b. Questions

The presentation of Samantha Dickson raised a question on *which elements of psychological first aid were incorporated into the ToT initiative* that she presented. Samantha Dickson



answered that trainers were trained so that they would be able to take care of themselves (importance of self-care) and to take care of others.

# • Working groups session on Commercial First Aid :

The working groups were very fruitful. Many challenges were raised, as well as solutions and opportunities. Below find the feedback from the working groups.

Challenges	Opportunities
The lack of financial resources and equipment	Adopting GFARC guidelines
Some companies expect first aid courses to be free of charge	Continuous training of instructors to improve their ability to adapt.
The internal and external competition faced by National Societies (often coming from ex instructors trained by the Red Cross)	Conducting common emergency studies for different types of companies.
Illegal copying materials	Adapting curricula
Difficulty to conduct SWOT analysis	Working with the Government and international organizations (such as the ILO) to set regulations and legislations for workplace safety.
The capacity of the NS to adapt courses depending on the company in which they are offered.	Increasing quantitative research regarding injuries and engaging academia in order to strengthen the advocacy process.
The lack of capacity to improve marketing of Red Cross courses.	Partnering with insurance companies (provide discount for insurance when the person has a RC FA certificate)
The lack of trained instructors within the staff/volunteers to create specific curricula.	Introduce a rebranding of National Societies emphasizing on the fact the NSs are not government funded
In some areas, communities can be more reactive rather than proactive	Helping communities be proactive by providing discounts and promotion
<b>Due to the Covid-19:</b> spaces in the companies where the courses are given that do not comply with safety regulations for COVID 19, not having the financial resources to pay for the services of a virtual platform to continue giving courses online, having to lower prices, closing of companies that were	Focus on public education and shift from the private one



clients, weakened economies which generates people's inability to spend for first aid courses.	
	Offering training through third parties with SMEs that hire RCRC instructors and use the RC curriculum
	Motivating instructors and implementing methods to validate the quality of instructor knowledge
	Implement monitoring and evaluation systems, in addition to quality of services provided in the course content quality
	Developing sponsorships
	Having qualitative data
	Planning, rebranding, modernizing and virtualizing
	Self-funding through internal fundraising to install a platform
	Bringing courses costs down.
	Increasing regional cooperation
	Aligning with the government to fill gaps at the pre-hospital level
	Offer courses that meet safety standards.

# 2. Repositioning first aid at the centre of IFRC Strategy

# a. The presentation

Dr. Bhanu Pratap and Karen Brodeur Trotter presented the IFRC first aid Vision and Policy, newly adopted at the IFRC 2022 General Assembly.

Dr. Bhanu Pratrap presented the key elements of the new First aid vision and policy adopted in June by the GA and the process behind the making of the texts. The main stakes identified by the IFRC are accessibility and inclusivity, collaboration and contextualization, and the climate and environmental crisis.

Karen Brodeur Trotter presented the operational framework, which was developed by 6 working groups and which is attached to the Vision. The operational framework was designed



for National Societies to better know how to implement the Vision and includes **6 priority action areas**: commercial first aid, first aid in schools, hospital emergency care and operations, first aid education and training, standards and qualifications, and research, evidence and evaluation.

# b. Questions

A question was raised at the moment the *IFRC first aid Vision will be available in Spanish*. Bahnu Patrap ensured that it has been translated and is going through final approval, the GFARC will send it to all NS within this week and it will be available on the GFARC platform.

# c. Working groups on the Repositioning First Aid initiative

CHALLENGES RAISED BY NATIONAL SOCIETIES		
General comments	Challenges raised	
The Peruvian RC will work to promote the strategy in all affiliates as many of them currently offer different first aid programs. The recommendations of the new strategy will have to be adapted to all contexts.	<b>First aid in schools :</b> Difficulty to incorporate first aid curricula in schools as NS may lack economic resources, mainly because of the teaching materials.	
First aid in schools:  - Importance of advocating for first aid to be included in the educational curriculum in schools.  - Regarding the content of the training, the Mexican RC focuses on the help that children can give to adults in administering first aid. According to Mexican RC, not all responsibility can be given to a child who may be emotionally affected if the first aid is not successful.	Lack of capacity to conduct research	
All Red Cross-Red Crescent services should be free	Difficulty with funding	
Importance of involving decision makers within the SN. They should understand the importance of the FA within the Red Cross and be willing to make investments.	Accommodating legislation is a key challenge	
Commercial First Aid is one of the most important pillars because it generates economic income, as well as education for children.	Difficulties in obtaining the support of the governing board	
Importance of quality improvement of first aid programs and IFAA	Challenge of training human resources respecting quality criteria	



Challenge of generating links with other organizations outside the Red Cross network.

Volunteer recruitment and retention continue to be challenges. This is particularly impactful for societies that use volunteers for providing training or first aid services. Money and time is invested in recruiting and training. The cost of losing these trained volunteers can be significant.

Having trained staff who are dedicated solely to first aid training is a challenge for some NS.

REQUESTS FROM NATIONAL SOCIETIES		
General requests	Requests to the GFARC	
Commercial First Aid:  - More training for managers, specifically in the creation of special curricula  - Interest in sharing and unifying methodology and commercial first aid content between countries in the region. This is especially relevant when NS provide first aid courses to transnational companies with offices in various countries.  - The NS need to make commercial first aid opportunities more attractive in order to compete with other organizations, and have younger volunteers.	The new IFRC first aid Vision and Policy should be available in Spanish.	
First aid in school:  - Interest in conducting an internal review on first aid within the NS (how the NS work, what needs to be improved or modified)	Venezuela RC has developed a series of guidelines that they would like GFARC to review, and is interested in the international endorsement to increase their sales.	
Interest in having better communication and collaboration between National Society technicians (resource sharing etc) and more networking. There was a suggestion to partner NS of similar size and with similar first aid opportunities. This could be to allow mentorship. Similarly, a database of resources could be useful for NS to model their own resources.	Panama RC is interested in a podcast on how to sell courses.	



Guatemala RC would like annual first aid regional or subregional ToTs in order to increase support between NS, and would like support in harmonizing, in certification and prehospital care.

NS would like the GFARC to include the approximate time to complete surveys sent by email. A maximum of 10 minutes is preferred and will likely get the best response rate. Multiple short surveys is preferred over one long survey on a topic. Ex: three 10 minute surveys on a topic would be preferred over one 30 minutes survey.

Desire for support from the GFARC, IFCR and NS in the region to implement changes more easily.

Interest in having support for improving policy advocacy skills.

NS would like more break times within regional first aid meetings.

# Session 3 - 7th of July 2022

- 1. The "harmonization pack"
- Presentation of the new guidelines Dr. Pascal Cassan
- a. The presentation

Dr. Pascal Cassan gave an update on the <u>new IFRC international first aid resuscitation and</u> <u>education guidelines</u>, a pillar work of the GFARC that aims at harmonizing first aid practices throughout the National Societies of the Movement.

The guidelines were published in English a year ago and are now available in four other languages: French, Spanish, Portuguese, and Arabic on GFARC's platform. They contain both an educational and a scientific component.

Dr. Pascal Cassan provided explanations on key elements of the guidelines :

- The scientific partners of the GFARC involved
- The contexts and 65+ topics covered by the guidelines
- The guidelines' methodology (Good practice points (GPP), strong and weak recommendations, etc.)
- The learner-centered pedagogical approach of the guidelines



- The actualization of recommendations regarding certain topics such as bleeding

The GFARC puts at NS's disposal an outcome measurement toolkit that can be used along with the guidelines.

# b. Questions

- Can the guidelines be found online? Yes, on GFARC's platform in 5 languages.
- Do the guidelines determine or propose a maximum and minimum time per topic ? It is not the purpose of the guidelines to suggest timings. It depends on the context.
- Regarding the unconscious patient who is not breathing, in Latin America, the AHA is taken as a reference and ILCOR is almost unknown, we imagine that the two entities are aligned in their criteria for action? Differences of recommendations are very small between the two entities. Besides, the American Heart Association guidelines are in line with the IFRC guidelines and have the same basis: the ILCOR.
- Does GFARC have scheduled the alignment of the current first aid protocols in the following First Aid App? Yes, the GFARC is expecting to launch the First Aid App's new version this year. We are updating the clinical content as well as the content relating to contexts and training.
- Does the GFARC plan to carry out a training process in the NS for the adoption of these guidelines, or is it left to the National Societies to freely manage their implementation? The GFARC is able to help NS at any time, the team is at the service of NS in collaboration with the IFRC Americas Regional Office. Nevertheless, any NS is free to implement the guidelines if they feel confident about them.

# Platform interactive presentation

# a. The presentation

Salomé Boucif presented the <u>GFARC's online platform</u>, launched in 2021 with the ambition to become a resource hub on first aid for all National Societies. The presentation aimed at detailing the various capabilities, features, and resources available on the platform (first aid news, events, community space, training directory, global first aid library resource, 2020 first aid guidelines, etc).

Today, the GFARC platform is used throughout the world and is mainly aimed at first aid coordinators and focal points in National Societies.

The GFARC encourages National Societies to visit the platform and share their stories and resources for the benefit of all National Societies!

### b. Questions



A participant suggested that the training directory integrate links to NS social networks and name(s) of contact person(s) and numbers: The GFARC would be glad to add the NS social networks links to the <u>Training Directory</u> and encourage NS to send this information to GFARC email address: <u>first.aid@ifrc.org</u>. However, the legislation makes it impossible to add names of contact persons.

# • IFAA presentation by Priscila Paladino

# a. The presentation

Priscila Paladino, IFAA representative presented the International First Aid Attestation (IFAA), which is a recognition that a first aid training by RCRC National Society aligns with the latest IFRC international first aid guidelines. The IFAA was created after the GFARC 2018 international survey demonstrated the desire of the majority of NS for an attestation.

In her presentation, Priscila Paladino explained the core principles of IFAA and provided details on how to prepare for the IFAA and the application process.

# b. Questions

- Is the issuance of the IFAA valid in other countries? This question is for people working in multinationals: No at the moment there is no equivalence from one country to another but maybe in a second stage.

# c. Working groups session on IFAA

Challenges faced by NS	Requests to the GFARC
The IFAA documents are too long, some NS may lack time to fill them in.	Request for the IFAA documents to be simpler and easier to understand. Many NS are interested by the IFAA documents in Spanish version.
The Mexican RC faces many challenges: the growing competition, the instructor job profile, the stake of improving the quality of trainers, academic issues, issues on the social business model and marketing.	Columbia RC, Guatemala RC, Salvador RC, Peruvian RC and Paraguay RC would like to apply for IFAA but need more details from the GFARC on: the costs, the length of the field visit, the length of the full process, what they have to send to the GFARC and on how to have the branches having the same FA courses.  Regarding the costs, NS may contact their IFRC cluster to include the costs of the IFAA application in the budget 2023.



Some NS (especially Colombian RC and Salvadorian RC), do not have centralized courses, but rather each branch or headquarters has its own courses. They concluded that the first step is to put together a national course based on harmonization, so that each branch can approach it according to its own context.

Carribeans would like to use the material of American Red Cross and have interrogations about the time frame.

Overall, many NS have expressed an interest in **applying to IFAA**, including: Panama, México, Uruguay, Argentina, El Salvador, Colombia, Brasil, Paraguay, Canada, Caribbeans NS, Guatemala, Peru and Paraguay.

# 2. WFAD 2022 and WRAHD 2022

Salomé Boucif and Bassinte Ossama presented the main objectives associated with World First Aid Day 2022 and Word Restart a Heart Day 2022.

- On the occasion of World First Aid Day 2022, NS are invited to download useful tools and resources prepared by the GFARC in order to help them organize their national activities:
- Find the WFAD corner on GFARC's online platform
- Find the WFAD tools <u>Dropbox</u> to access source files
- On the occasion of WRAHD 2022, NS are invited to organize events and/or to communicate on social networks.

# 3. Protection in the Movement by the ICRC

Patricia Badke, deputy coordinator for the ICRC (Argentina, Brazil, Uruguay, Paraguay, and Chile) made a presentation on the matter of "Protection in the Movement".

Her presentation included explanations on :

- The ICRC definition of protection
- Key principles for protection
- The Movement Protection Framework is a key document that defines the Movement's approach to protection.
- Protection from the external and internal dimension
- How to use protection in your daily life as a RCRC staff member.
- How NS can implement the Minimum Protection Approach (MPA)



# Plans and next steps

### 1. Plans

### **GFARC**

- -Commercial first aid tutorials
- -Good practices guide on blended learning
- -Technical support for IFAA applications
- -Update of the international curriculum ToT
- -Creation of the curriculum for trainers
- -Working groups for the implementation of the vision
- -Tool pack for WFAD and WRAHD
- -Link with the regional offices of the ILO
- -Research on heat waves

# **America regional office**

- Finding the best strategies to recenter the FA will be a very individual exercise in each NS since it is related to the country's regulations and Goals

# Something that we are sure is time to join forces and exchange experiences!

- -Promote peer support
- -Quarterly or semi-annual regional forums
- -Updating of PA focal point lists for each SN every six months. Looking for the Sustainability of these meetings, an option could be that it is Led and co-led by two NSs and, organize and meet in the term that they consider most opportune and efficient: annually or every six months?
- -Emphasize that **Psychological First Aid** is a subject in which we are experts and, we must include it in our commercial courses as a plus that makes the difference with other providers.

# 2. Next steps

- Meeting report in English and Spanish including useful links;
- Page link to our meeting on the GFARC platform
- Survey Monkey to evaluate your feedback on the meeting and collect your wishes.

### Contacts

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