Explanatory leaflet on the test: *Do you live dangerously?*

This test has been made for all the national societies. It cannot relate to every kind of housing or context, but it has been dealt with the mainly domestic dangers.

At the end of the test, there is a box to indicate the contact of the local structure of Red Cross or Red Crescent.

**Use context:** school, public event, beginning of first aid training…

**Support and materiel**: print the test, provide pens

**Objectives**:

* Make participants realize daily dangers,
* Spot bad habits,
* Bring in prevention measures,
* Introduce participants’ National Society and enhance its training.

**How to proceed:**

Participants must complete this simple test individually. Instructions are given. Every question implicitly tackles one danger (fall, drowning, intoxication...).

**Questions/answers:**

This is a test and not a quiz. There are no good or bad answers but there are good or bad habits. The presenter must know the good habits. They are written below in bold with explanations:

1. ***Do you have many rugs at home?***
2. *A few*
3. *Yes*
4. ***No***

Risk of falling: if you have many rugs, there is a high risk of falling especially for seniors.

1. ***Do you leave your children play unsupervised at the water’s edge?***
2. *Sometimes*
3. *Yes*
4. ***No***

Risk of drowning: drowning is the most frequent cause of death among young children under 5 years old at global level.

1. ***What frequency do you check your electrical fittings, gas and fireplace at?***
2. *Every year*
3. *Never*
4. ***Every 6 months***

Risk of electric shock, of fire and also of carbon monoxide poisoning: it would be advisable to check every 6 months.

1. ***Where do you store household stuffs?***
2. *In the cupboard, under the sink*
3. *In various places of the house*
4. ***High up, on a self***

Risk of intoxication: it would be recommended to keep hazardous products in high places out of reach of young children. It is also important to leave them in their original packaging.

1. ***What frequency do you wash your hands at?***
   1. *Before eating*
   2. *Twice a day*
   3. ***More than 4 times a day***

Risk of infection: you must wash your hands before every meal, and after using the bathroom.

1. ***Do you use gloves or a napkin when you manipulate a dish you have just heated up?***
2. *Sometimes*
3. *No*
4. ***Yes***

Risk of burning: containers can be very hot even during low temperature or quick cooking. It is highly recommended not to touch them directly.

1. ***Do you have many bulky things in the passageways?***
2. *A few*
3. *Yes*
4. ***No***

Risk of falling: it would be better not to have any bulky things because it would foster fallings and traumas. Furthermore, if an evacuation is needed, passageways must be clear.

1. ***What frequency do you use candles at home?***
2. *In a while*
3. *Very often*
4. ***Never***

Risk of fire or of burning: besides the risk of fire, especially young children can be burned by the use of candles.

1. ***Do you have many little things on hand (marbles, figurines, pearls, laces…)?***
2. *A few*
3. *Yes*
4. ***No or they are put away***

Risk of choking: young children are always enticed with what they see and have a tendency to bring them back to their mouth and choke on them.