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| More than 1.25 million people die each year as a result of road traffic crashes. Moreover, without sustained action, road traffic crashes are predicted to become the seventh leading cause of death by 2030. This test of 10 questions will allow you to evaluate your behavior on the road. This will only take you 5 minutes, only one answer per question is possible. And do not forget “You do not need a license to save lives”. |
| 1. **During a long drive you take a break**
2. only to eat or to go to the bathroom
3. at least once every 2 hours
4. every 100 km

1. **When you go cycling by day or night**
2. you wear a high visibility vest
3. you wear a helmet and a high visibility vest
4. you do not wear a helmet because it messes your hair up
5. **You help an unconscious injured motorcyclist on the road, you**
6. remove his/her helmet and any object in the way
7. leave the casualty as you have found him/her and call the emergency services
8. put the casualty in recovery position
9. **As the driver, once you put your seatbelt on your first reflex is to**
10. start the engine
11. check if all your passengers have their seatbelt on
12. turn on the radio
13. **You fall from your bicycle and you have a superficial wound**
14. you go straight to the hospital
15. you go quickly home to treat yourself
16. you wait until it passes
17. **When you are driving, you use your cellphone:**
18. from time to time, at the red light
19. never
20. often
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Adress| Phone number |

email| Website | Social networks

1. **A flock of sheep is in the middle of the road, you**
2. go out of your car and chase the sheep away
3. stop and wait until the road is clear
4. do not stop
5. **You arrive at a car crash location, you**
6. stop your car before the road crash site in order to make the other road users slow down
7. stop your car after the road crash site and mark out the area to avoid a multi-vehicle collision and, if necessary, you call the emergency services
8. slow down to see what is going on, but you do not stop
9. **If a car bumps into the back of your car, you**
10. stop in the middle of the road, secure the location, check if the other driver is alright
11. restart slowly the engine to pull out from the other car, park safely and talk to the other driver
12. stay inside your car and call the emergency services
13. **When a pedestrian wants to cross the road on a pedestrian crossing you**
14. stop only if he/she has already started to cross the road
15. stop to let him/her cross the road
16. you do not stop

**Now, add up the As, the Bs and the Cs**

**You have mostly As**: you have many good road use habits but you can still improve yourself. Keep going!

**You have mostly Bs**: you have all the good road use habits. Well done!

**You have mostly Cs**: be careful, you have some unsaferoad use habits that you will need to work on.

**The good habit in every situation**: in case of doubt, do not wait, call the local emergency number. For more prevention guidelines and to get first aid training, contact the Red Cross/ Red Crescent local unit.

***Did you know?*** Men are more likely to be involved in road traffic crashes: nearly 73% of all road traffic deaths occur among men under the age of 25 years. This means that a man under the age of 25 years is almost 3 times as likely to be killed in a road traffic crash as a woman of the same age