

WORLD FIRST AID DAY 2017

**Objectifs :**

* Faire prendre conscience aux individus les risques bénins du quotidiens
* Leur apprendre à se prévenir du danger de manière simple
* Mettre en relief les mauvaises habitudes

**Consigne :** La maison est le lieu où l’on se sent le plus

People like to think of their homes as a safe place. But 80 per cent of all accidents happen at home, mostly in the living room.

This nine-question test will only take a few minutes of your time, and it could help you to avoid injury or death at home. You don’t need to be a stuntman to be living a dangerous life – let this test show you ways to reduce your risks.

**tEST YOURSELF!**

**Do you live dangerously?**

1. ***Do you have many rugs at home?***
2. A few
3. Yes, many
4. No
5. ***Do you leave your children to play unsupervised near water, e.g. a bathtub or garden pond?***
6. Sometimes
7. Yes
8. No
9. ***How often do you check your electrical fittings, gas and fireplace?***
10. Every year
11. Never
12. Every six months
13. ***Where do you store household cleaning items such as bleach and detergents?***
14. In the cupboard, under the sink
15. In various areas of the house
16. High up, on a shelf
17. ***How often do you wash your hands?***
    1. Before eating
    2. Twice a day
    3. More than four times a day
18. ***Do you use oven gloves or a thick cloth to touch a dish or pan you have just heated up?***
19. Sometimes
20. No
21. Yes

**Did you know?**

More people die from avoidable accidents at home than from injuries on the road. This is a global crisis – people injured in accidents at home spent the equivalent of 52.5 million days in hospital in 2016.

Most domestic accidents can be avoided by taking basic safety precautions, and you can keep yourself and your loved ones safe by learning first aid.

1. ***Do you have many bulky objects in your home’s passageways?***
2. A few
3. Yes
4. No
5. ***How often do you use candles at home?***
6. Sometimes
7. Very often
8. Never
9. ***Are there lots of small objects lying around your home - marbles, children’s toys, etc?***
10. A few
11. Yes
12. No – they are always put away

**Now, count how many As, Bs and Cs you get**

**If you get mostly As, you have several good habits but some others may be putting you at risk**

You know a few rules to follow, but not all of them. Be careful!

**If you get mostly Bs, beware - you live dangerously!**

There are many potential risks in your home, and it is essential that you take measures to protect yourself.

**If you get mostly Cs, well done - you are very careful.**

You know how to avoid the main dangers in your home. Keep up the good work!

**Remember:** if there is an accident or other emergency at home, call for help using your local emergency services number.

**For more accident prevention advice, or to have first aid training, contact your nearest National Red Cross or Red Crescent Society:**

Address

Telephone number

Email

Website

Social network